

## CHLAMYDIA INFECTION IN ABORTED AND CLINICALLY HEALTHY EWES IN ASSIUT GOVERNORATE USING MICROSCOPICAL EXAMINATION AND ELISA

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### ABSTRACT

Received at: 8/5/2014

Accepted: 5/6/2014

In 3 sheep breeding flocks in Assiut Governorate suffered from a problem of abortion, after excluding Brucella infection using Rose Bengal and Buffered acidified plate antigen test. Serum and endocervical swabs from 92 ewes (72 with a history of abortion, 20 clinically healthy ewes) were examined using ELISA for detection of antibodies against chlamydia and Giemsa staining for detection of intracytoplasmic inclusion bodies in endocervical swabs. Only 16/72 (22.22%) and 1/20 (5%) of previously aborted and clinically healthy ewes respectively were found to be positive using ELISA, infection were more prevalent in ewes over 5–7 years (29.17 %) than in other age groups. No intracytoplasmic inclusion bodies were detected in endocervical swabs. It could be concluded that chlamydia infection was prevalent in ewes in Assiut Governorate; ELISA was a rapid screening test for detection of infection in ewes while Giemsa staining was not a reliable method in diagnosis of it.

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**Key words:** *Chlamydia*, *ELISA*, *endocervical swabs*, *Assiut*, *IgG immunoglobulins*.

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### INTRODUCTION

Chlamydia are obligate intracellular pathogens that exist as two distinct forms during their life cycle that alternates between an extracellular infectious phase and an obligatory intracellular replicative phase that is not infectious (Martin and Aitken 2000). Elementary bodies (EBs) are metabolically inactive but environmentally stable and capable of infecting epithelial cells. Reticulate bodies (RBs) are incapable of infecting cells but are metabolically active and capable of replication. Following infection of eukaryotic cells, EBs rapidly transform to RBs which replicate to high numbers within an inclusion body, differentiate back to EBs, and then are released from the host cell by lysis (Hackstadt, 1999; Brunham and Rey – Ladino, 2005).

The family chlamydiaceae is divided into two genera, chlamydia and chlamydophila. Chlamydophila genus assimilates the current species, *Chlamydia pecorum*, *Chlamydia pneumoniae* and *Chlamydia psittaci*. Three new chlamydophila species are derived from *chlamydia psittaci*: *Chlamydophila abortus*, *Chlamydophila caviae* and *Chlamydophila felis* (Everett *et al.*, 1999). All these species present various common antigens, the most important of which is the lipopolysaccharide antigen (LPS) (Brade *et al.*, 1986).

Chlamydial abortion, known as enzootic abortion of ewes, causes serious reproductive wastage in many sheep – rearing areas of the world; abortion typically occurs in the last 2–3 weeks of pregnancy with the appearance of stillborn lambs and grossly inflamed placentas (Aitken and Longbottom, 2007). Enzootic abortion of ewes is caused by ovine strains of *Chlamydia psittaci* which have a predilection for placental tissues (Storz and Krauss, 1985). Placental and fetal infections with this gram – negative micro-organism result in abortion or in the birth of stillborn, moribund, or weak lambs (Johnson, 1983). In severe outbreaks, up to one – third of the ewes may be affected; endemic disease in a flock may result in abortion rates of 1–5 % (Aitken, 1986) and (Apel *et al.*, 1989). Plamer, (1990) mentioned that strains of *C. psittaci* were also associated with other diseases such as keratoconjunctivitis (Pink eye), arthritis and pneumonia. Human infection may be acquired from infected products of abortion or parturition or from carelessly handled laboratory cultures of the organism, with the effect that range from subclinical infection to acute influenza –like illness (OIE, 2012). Diagnosis of chlamydial abortion by isolation of the organism in embryonated chicken eggs or cell culture is often difficult and time consuming (Storz and Krauss, 1985). In addition, bacterial contamination and unfavorable transport conditions further reduce the possibility of isolating this organism (Spencer and Johnson, 1983). There is need for more rapid and

reliable techniques for direct (non-culture) detection of chlamydia in routine clinical specimens from sheep. Currently diagnostic tests for direct detection of *C. psittaci* in animal specimens are not commercially available (Souriau and Rodolakis, 1986). Enzyme immunoassay for *C. trachomatis* has been used to detect *C. psittaci* in conjunctival swabs from cats (Wills *et al.*, 1986). Very few ELISA, have been developed specifically for *Chlamydia psittaci* but many of those commercially available for *C. trachomatis* can be used because they detect the presence of common genus – specific antigen (lipopolysaccharide) shared both chlamydia species (Quinn *et al.*, 1994). Indirect ELISA test is used to detect reactivity to genus specific antigen, or LPS, of chlamydial elementary or reticulate bodies. The indirect ELISA was efficient useful screening test for chlamydial abortion on the flock level, performed well, being more easier, sensitive and specific, it is of great help for epidemiological control of the disease (Longbottom *et al.*, 2001; Buendia *et al.*, 2001 and McCauley *et al.*, 2007). Where the history of the flock and the character of lesions in aborted placenta suggest enzootic abortion, a diagnosis can be attempted by microscopic examination of smears made from affected chorionic villi or adjacent chorion, if placental material is not available, smears may be made from vaginal swabs of ewes that have aborted within the previous 24 hours (OIE, 2012). Several staining procedures are satisfactory, for example Giemsa, modified Ziehl – Neelsen Stains (Stamp *et al.*, 1950). The present study aimed to investigate the prevalence of chlamydia infection in aborted and clinically healthy ewes also to compare between ELISA and direct smear stained by Giemsa in diagnosis of Chlamydia.

## MATERIALS

### 1) Animals

This study were done upon 3 flocks of sheep (150 ewes) in Assiut Governorate, some of these ewes suffer from a problem of abortion during the last stage of pregnancy, from these flock, serum and endocervical swabs were taken as follows.

### 2) Samples:

#### a- Serum samples:

Serum samples were collected from 150 animals under complete aseptic condition. From these serum samples 92 were selected to be examined for presence of anti- chlamydia IgG using ELISA kit.

#### b- Swabs:

92 sterile endocervical swabs using cytobrush were taken for preparation of direct smear for Giemsa staining (Moncada *et al.*, 1989)

### 3) ELISA kit:

- Chlamydia trachomatis IgG ELISA kit (DRG Diagnostics) DRG instruments GmbH, Germany, FrauenbergsTraBe 18, D – 35039 Marburg. Lot No. 104G / K 063.
- Anti – ovine conjugate and the substrate were kindly supplied from Prof. Dr. Abdel-Rashied Ghaniem, chief researcher of bacteriology, Animal Health Research Institute – Dokki – Giza – Egypt.

### 4) Reagents used in Giemsa stain:

- Absolute methyl alcohol for fixation of smears.
- Ready to use Giemsa stain.
- Buffered water pH 7.2 prepared according (Monica, 1985).

### 5) Antigens:

Brucella Rose Bengal and Buffered acidified plate antigens (Sera and Vaccine Research Institute, Abbassya, Egypt).

## METHODS

### 1) Sampling:

- A. Serum sample collection according to (Black, 1997) and the data of animals like age, symptoms, and history were recorded.
- B. Endocervical swabs according to (Moncada *et al.*, 1989):
  - The exocervix and the vagina were cleaned to remove excess mucus and any discharge or exudates; using a sterile cotton swabs.
  - The cytobrush was inserted into the cervical canal, rotated for 15–30 sec., with enough pressure to obtain cells from the lining mucous membrane. The swab was rolled to a clean sterile glass slide over a 10 mm defined area and leave it dried.

### 2) Procedures:

- Buffered acidified plate antigen (BAPA) test and Rose Begnal Plate antigen test (RBPT) were performed as described by Alton *et al.* (1988).

All the 150 serum samples were screened for presence of brucellosis using the two tests.

- ELISA

The test was done upon 92 tested serum samples in addition to one control positive, one control negative and 2 cut off samples. It performed according to the instruction of the producer and the reading was done using semi-automated ELISA reader.

- Staining technique:

According to (Carter, 1984) in which the direct smears were fixed by Absolute methyl alcohol for 5 minutes then stained with diluted 10% Giemsa stain (Freshly prepared) for 20 minutes. The dried slides were examined microscopically under oil immersion lens (at 1000 X).

## RESULTS

All the 150 serum samples were negative for brucellosis by RBPT and BAPA tests.

**Table 1:** Results of ELISA for detection of IgG against chlamydial species in sera of tested ewes.

Animal	Total No.	Positive		Negative	
		No.	%	No.	%
Previously aborted	72	16	22.22	56	77.78
Clinically healthy	20	1	5	19	95
Total	92	17	18.48	75	81.52

**Table 2:** Results of ELISA for detection of IgG against chlamydial species in sera of tested ewes of different age group.

Age group	No. of ewes	Positive		Negative	
		No.	%	No.	%
1 – 3 y	30	4	13.33	26	86.66
> 3 – 5 y	38	6	15.79	32	84.21
> 5 – 7 y	24	7	29.17	17	70.83
Total	92	17	18.48	75	81.52

**Table 3:** Results of direct smear stained with Giemsa:

Animal	Total No.	Positive		Negative	
		No.	%	No.	%
Previously aborted	72	0	0.00	72	100
Clinically healthy	20	0	0.00	20	100

## DISCUSSION

Chlamydia can adapt many host species and consequently is of direct public health concern. Also chlamydia has a novel route of transmission (Ozbek *et al.*, 2008). It is difficult to culture chlamydia; this necessitates special culture media, special handling, rapid transport to laboratory, and rapid inoculation of cultures (Smith *et al.*, 1982). Thus, culture is not generally available, and if available, it is too

expensive for routine use. The clinical findings and macroscopic lesions of Chlamydia infections are not pathognomonic (Kalender *et al.*, 2013) so this study was attempted to rapid and reliable diagnosis of chlamydia in examined sheep.

Result illustrated in table (1) proved that IgG against chlamydial species were detected by indirect ELISA in (18.48 %) 17 out of 92 examined ewes. These results higher than that obtained by Markey *et al.*

(1993) they found that 11.24 % of serum samples from different farms of sheep have a significant level of antibodies titers against *Chlamydia abortus* by using ELISA. But the present obtained results were lower than that obtained by (Mariam, 2005), who reported IgM against chlamydial species in 78 out of 302 (25.8%) of ovine serum using ELISA and that obtained by Hala *et al.* (2006) who reported antibodies in (33.33%) in ewes using ELISA, also IgG chlamydial antibodies detected by Apel *et al.* (1989) in 277 (30%) of 922 ovine sera. Huang *et al.* (2013) detected antibodies against *Chlamydia* in 95 of 455 (20.9%) sheep in China. The variances of these results may be attributed to regional variation, husbandry, management practice and diagnostic techniques used.

The results of ELISA in the serum samples of clinically health ewes, as showing in table (1), showing that one ewes out of (20) cases with a percentage of (5%) was serologically positive, while 16 (22.22%) out of 72 ewes with a previous history of abortion was serologically positive. This results agree with Apel *et al.* (1989) who recorded that sera from herds showing symptoms indicative for chlamydial infections have significantly higher antibody rates (39% in sheep) than sera from herds without health problems (24%).

The highest prevalence (29.17%) of chlamydia infection among examined ewes was detected within age > 5 – 7 years as shown in table (2), and this agree with the results of (Clarkson and Philips, 1997) as they found that the prevalence rate of chlamydia infection increased among aged sheep than lambs. While Jerant – Patić *et al.* (2009) stated that chlamydia infection was equally distributed in all age groups.

Results illustrated in table (3) proved that No inclusion bodies were detected in 92 direct smears stained with Giemsa. While (Mariam, 2005), detected inclusion in (3.3%) 10 out of 302 aborted ewes using direct smear stained with Giemsa. Also elementary bodies were seen in 26 of 176 stained smears from placental or fetal specimens (Abilgasanov, 1982). However (Brown and Newman, 1989) mentioned that stained smear technique was low in its sensitivity because it identifies only elementary bodies and negative results don't exclude the presence of *Chlamydiae*. Mandeep and Andersen, (2000) reported that smears made from cervical swabs of ewes that aborted within the previous 24 hours contain fewer organisms than placental smears, this explain the negativity of the present result in which the samples were taken from endocervix not from placenta and from ewes aborted after relatively a long time not from recent abortion.

On other hand Quinn *et al.* (1994); Schachter *et al.* (1995) and Black, (1997) they revealed that direct cytologic testing by Giemsa stain was rapid for detecting chlamydial conjunctivities in new born, and in smears prepared from conjunctival scrapings particularly those from cats with feline pneumonitis, but with poor sensitivity in diagnosis of other chlamydial infections and were not commonly used. Lin *et al.* (1999) stated that the positive result using Giemsa staining was difficult to be recognized. Detection of inclusion bodies by microscopy is not adaptable for a large scale (Wang *et al.*, 2007).

It can be concluded that chlamydia infection was prevalent in ewes in Assiut Governorate and it seemed that it is one of important abortifacient diseases in sheep, large scale studies are needed to detect the accurate prevalence rate of animal chlamydiosis in Assiut. Indirect Enzyme Linked Immunoassay (indirect ELISA) was easily to perform and can be used as a rapid screening test for detection of chlamydia in infected ewes or clinically healthy one, and the endocervical direct smear stained with Giemsa is not a reliable method in diagnosis of chlamydia in ewes.

## **ACKNOWLEDGMENT**

The authors greatly appreciate the great help of **Prof Dr. Abdel-Rashied Ghaniem** in his kindly supplying the anti-ovine conjugate and the substrate.

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### **الإصابة بميكروب الكلاميديا في إناث الأغنام المجهضة والسليمة ظاهرياً في محافظة أسيوط باستخدام الفحص الميكروسكوبي والإليزا**

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أجريت هذه الدراسة على ثلاثة قطعان (١٥٠) رأس من الأغنام بمحافظة أسيوط تعاني من مشكلة الإجهاض وقد تم تجميع عينات سيرم ومسحات من عنق الرحم للفحص المعمل كما يلي: أولاً تم اختبار جميع الحيوانات (١٥٠) لمرض البروسيلا باستخدام اختباري الـروزينجال والانتيجن المحمض وقد ثبتت سلبية العينات لمرض البروسيلا من هذه الحيوانات تم اختيار ٩٢ عينة (٧٢ حالة لها تاريخ سابق من الإجهاض ، ٢٠ سليمة ظاهرياً) لاختبارها لمرض الكلاميديا باستخدام اختبار الـإليزا وكانت النتائج كما يلي: ١٧ عينة من إجمالي ٩٢ عينة بنسبة ١٨.٤٨% ايجابية للمرض وكان تفصيلها كالآتي: ١٦ عينة من ٧٢ ايجابية بنسبة ٢٢.٢٢% من الأغنام التي لها سابق إجهاض وعينة واحدة من ٢٠ بنسبة ٥% من الأغنام السليمة ظاهرياً ثبت ايجابيتها للمرض باختبار الـإليزا. بينت النتائج أن الإصابة كانت مرتفعة في الأغنام التي أعمارها من ٥-٧ سنوات. أما مسحات عنق الرحم فكانت سلبية للمرض عند فحصها ميكروسكوبياً بعد عمل شرائح منها وصبغها بالـجيمسا. وقد تم مناقشة النتائج تفصيلياً بالبحث.